



# Ability Prompt Cards

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# Implementation

## Unlock the full potential of the Inclusion Prompts Cards!

Use the QR-code to discover practical tips, concrete tools and step-by-step guides to integrating the Inclusion Prompt Cards into your assessment, workshop, or workflow.



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# Acknowledgements

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The cards are designed using pictures from freepik.com, unsplash.com and Dall-E

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**BEVICA**  
FONDEN

DTU Entrepreneurship

DTU Skylab

**SUMH**

**DPOD**

DTU Management



# Ability Prompt Cards

**Foster empathy & challenge how your solution could scale to more users**

The cards have three overall purposes:

1. To identify abilities that might be affected by your design proposal.
2. To assess how your design affects others - is it excluding or including?
3. To inspire how to make your design more inclusive.

Designing for people with permanent disabilities or extreme scenarios can seem like a significant constraint, but can in fact result in better solutions. This Deck provides examples of abilities, but should not be seen as a comprehensive overview, but rather as an inspiration.

Ability	Disability		
	 Permanent	 Temporary	 Situational
Touch	One Arm	Arm Injury	Hands full
See	Blind	Cataract	In the dark
Hear	Deaf	Ear infection	Bartender
Speak	Non-verbal	Laryngitis	Heavy accent
Think	Dementia	Stress	Overloaded
Taste	Ageusia	Cold infection	Burnt tongue
Invest	Below poverty line	Student Income	Forgot cash
Move	Wheel chair	Pregnant	Truck driver
Eat	Dysphagia	Tooth pain	Fasting
Hold	Tremors	Sports injury	Dance floor
Focus	ADHD	Anxiety	Open office
Emote	Clinical depression	Grief	Anger
Belong	Minority	Age	Culture
Navigate	Downs syndrome	Concussion	Confusion
Understand	Dyslexia	Abroad	New tech
Communicate	Stutter	Migraine	Exam anxiety



Unable to  
**Touch**

The inability to use the full function of your hands.

Examples

**One arm**

Arm injury

Hands full





Unable to  
**See**

The inability to use the full function of your eyesight

Examples

**Blind**



Cataract



In the dark





Unable to  
**Hear**

The inability to hear  
spoken words and sounds

Examples

**Deaf**



Ear infection



Bartender





Unable to  
**Speak**

The inability to be verbally understood

Examples

**Non-verbal**

Laryngitis\*

Heavy accent



\*Inflammation of the voice box



Unable to  
**Think**

The inability to think clearly in different situations

Examples

**Dementia**



Stress



Overloaded





Unable to  
**Taste**

The inability to experience a fully functioning sense of taste

Examples

**Ageusia\***



Cold infection



Burnt tongue



\*Complete loss of the taste sense



Unable to  
**Invest**

The inability to have economic resources for spending

Examples

**Below poverty line** ∞

Student income 

Forgot cash 



Unable to  
**Move**

The inability to have full function of the body's motorics

Examples

**Wheel chair**



Pregnant



Truck driver





Unable to

# Eat

The inability to orally consume food, medicin, beverages, etc.

Examples

**Dysphagia\***

Tooth pain

Fasting



\*Problems with swallowing



Unable to  
**Hold**

The inability to keep a tight grip on an object

Examples

**Tremors\***

Sports injury

Dance floor

\*Involuntary shaking





Unable to  
**Focus**

The inability to keep full focus on a task or conversation

Examples

**ADHD**



Anxiety



Open office







Unable to  
**Emote**

The inability to have a healthy expression of emotions

Examples

**Clinical depression** 

Grief 

Anger 



Unable to  
**Belong**

The inability to feel valued in a community due to prejudice

Examples

**Minority**



Age



Culture





Unable to  
**Navigate**

The inability to cognitively navigate different situations

Examples

**Downs Syndrome**



Concussion



Confusion



Unable to

# Understand

The inability to understand different forms of information

Examples

**Dyslexia**

Abroad

New tech



Unable to

# Communicate



The inability to communicate information under different circumstances

Examples

**Stutter**



Migraine



Exam anxiety



Unable to



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Examples

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