

# Ability Prompt Cards

**Foster empathy & challenge how your solution could scale to more users**

The cards have three overall purposes:

1. To identify abilities that might be affected by your design proposal.
2. To assess how your design affects others - is it excluding or including?
3. To inspire how to make your design more inclusive.

Designing for people with permanent disabilities or extreme scenarios can seem like a significant constraint, but can in fact result in better solutions. This deck provides examples of abilities, but should not be seen as a comprehensive overview, but rather as an inspiration.



# Ability Prompt Cards

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# Acknowledgements

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The cards are designed using pictures from freepik.com, unsplash.com and Dall-E.

Contact DTU Skylab on [skylab.dtu.dk](https://skylab.dtu.dk)

**BEVICA**  
FONDEN

DTU Skylab

**DPOD**

DTU Entrepreneurship

**SUMH**

DTU Management



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# Implementation

## Unlock the full potential of the Inclusion Prompts Cards!

Use the QR-code to discover practical tips, concrete tools and step-by-step guides to integrating the Inclusion Prompt Cards into your assessment, workshop, or workflow.




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# Ability Prompt Cards


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Ability	Disability		
	 Permanent	 Temporary	 Situational
Touch	One Arm	Arm injury	Hands full
See	Blind	Eye injury	In the dark
Hear	Deaf	Ear infection	Bartender
Speak	Non-verbal	Throat infection	Heavy accent
Think	Dementia	Stress	Overstimulated
Taste	Ageusia	Cold infection	Burnt tongue
Invest	Below poverty line	Student Income	Forgot cash
Move	Wheel chair	Pregnant	Driving
Eat	Dysphagia	Tooth pain	Fasting
Hold	Tremors	Sports injury	Dance floor
Focus	ADHD	Anxiety	Open office
Emote	Clinical depression	Grief	Anger
Belong	Minority	Age	Culture
Navigate	Brain injury	Concussion	Confusion
Read	Dyslexia	Migraine	Forgot glasses
Understand	Down's Syndrome	Abroad	New tech
Communicate	Stutter	Foreign language	Exam anxiety



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Unable to  
**Touch**

The inability to use the full function of your hands

Examples

**One arm**



Arm injury



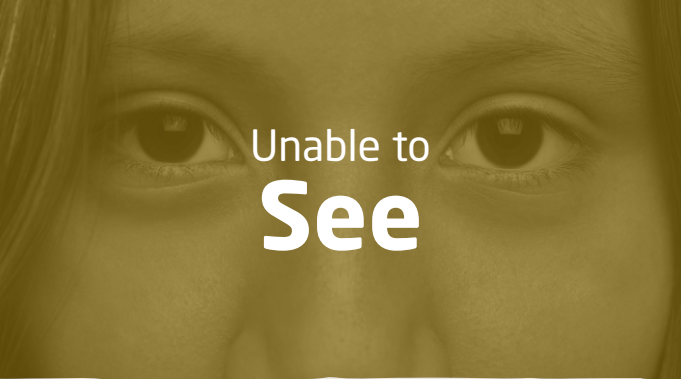
Hands full





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Unable to  
**See**

The inability to use the full function of your eyesight

Examples

**Blind**

Eye injury

In the dark





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Unable to  
**Hear**

The inability to hear  
spoken words and sounds

Examples

**Deaf**

Ear infection

Bartender





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Unable to  
**Speak**

The inability to be verbally understood

Examples

**Non-verbal**

Throat infection

Heavy accent





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Unable to  
**Think**

The inability to think clearly in different situations

Examples

**Dementia**

Stress

Overstimulated





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Unable to  
**Taste**

The inability to experience a fully functioning sense of taste

Examples

**Ageusia\***

Cold infection

Burnt tongue



\*Complete loss of the taste sense



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Unable to  
**Invest**

The inability to have economic resources for spending

Examples

**Below poverty line** 

Student income 

Forgot cash 



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Unable to  
**Move**

The inability to have full function of the body's motorics

Examples

**Wheel chair**

Pregnant

Driving





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Unable to  
**Eat**

The inability to orally consume food, medicine, beverages, etc.

Examples

**Dysphagia\***

Tooth pain

Fasting



\*Problems with swallowing



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Unable to  
**Hold**

The inability to keep a steady and tight grip on an object

Examples

**Tremors**

Sports injury

Dance floor





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Unable to  
**Focus**

The inability to keep full focus on a task or conversation

Examples

**ADHD**

Anxiety

Open office





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Unable to  
**Emote**

The inability to have a healthy expression of emotions

Examples

**Clinical depression** 

Grief 

Anger 



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Unable to  
**Belong**

The inability to feel valued in a community due to prejudice

Examples

**Minority**

Age

Culture





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Unable to  
**Navigate**

The inability to cognitively navigate different situations

Examples

**Brain injury**

Concussion

Confusion





# Ability Prompt Cards

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A photograph of an elderly woman with short grey hair, wearing a light-colored jacket over a striped scarf, sitting and reading an open book. The image is in a warm, sepia tone.

# Unable to **Read**

The inability to comprehend written language

Examples

**Dyslexia**

Migraine

Forgot glasses





# Ability Prompt Cards

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Unable to

# Understand

The inability to understand different forms of information

Examples

**Down's Syndrome**



Abroad



New tech





# Ability Prompt Cards

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Unable to

# Communicate

The inability to communicate information under different circumstances

Examples

**Stutter**

Foreign language

Exam anxiety





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